# **National Vehicle Distribution**



## Managing Transport Safety



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- 1. NVD Who We Are and What we Do
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## **Vital Statistics**

- An Irish owned and ISO certified company
- Operating throughout Ireland, Northern Ireland, UK and Europe

#### **Staff:** 335

- Drivers: 155
- Compound/Workshop: 120
- Office: 60

#### Transporters: 135

- Average age: 5.5 years
- 11% replacement policy

#### Units Handled: 125,000

#### Activity Split by Location:

- Rosslare: 16%
- Ringaskiddy: 18%
- Baldonnell: 66%





## Services – 1. Transport & 2. Storage

#### **NVD** Rosslare

#### **NVD Baldonnell**



#### NVD Ringaskiddy



### Transport

- Port to Compound
- Factory to Compound
- Nationwide ex Compound
- Nationwide Dealer to Dealer

### Storage

75 hectares of secure storage Capacity to hold 35,500 units

- Baldonnell, Co. Dublin (13,500 units)
- Ringaskiddy, Co. Cork (10,000 units)
- Rosslare, Co. Wexford (12,000 units)



### Services – 3. Workshop – Vehicle Preparation Centres

- Centralised Pre Delivery Inspections
- Hire Drive and Fleet Vehicle Preparation
- De-fleet Pre-lease Return
- Marine and Transport Damage Repairs
- Commercial Conversion and Fit-out
- Plylining
- Vehicle Enhancements
- Bodykit Fitment.
- Recall/Campaign Management.
- Full Colour Change
- New And Used Vehicle Repair









## **Our Valued Customers**





## **Industry Recognition - Awards**







### **ISO CERTIFIED COMPANY**





## A Philosophy of Continuous Improvement

- Our philosophy is to always find a better way to do something.
- Our staff are engaged in coming up with ideas to help us in achieving this.
- Our current areas of focus are:
  - ✓ 2016: IMI Management Training Programme
  - ✓ 2017: Lean Management with Toyota
  - ✓ 2018 : 5S, Employee
    Engagement



## **Managing Transport Safety**



#### **RISK AREAS**

- Driving Behaviour (Speeding / Harsh Breaking / Over-revving / Anticipation)
- Poor Maintenance → Unsafe Truck?
- Fatigue
- Seat Belt
- Driver Distraction
- Unsecured / Poorly Secured Load (EN 12195)
- Over-weight Transporter / Over-height Transporter (4.65m Ireland, 4.88m UK and 4.0m Europe) / Over-length Transporter (<= 18.65m UK)
- Slips Trips and Falls from or on a Car Transporter

#### APROACH

Telematics

- In-house maintenance
- Training Emphasis on Fatigue / Seat Belt / Driver Distraction
- Load Securing Detailed approach
- Dimensioning software and research
- STP Education and process changes
- Employee Engagement
- Lean Management Practices
- 5S
- ISO and SHEQ system
- Escalation made simple with an app



- Driving is an inherently stressful occupation
- Additionally, a disorganised company / work environment adds significantly to occupational stress
- Furthermore, the wrong personality fit compounds the problem further(Personality = cognition and emotion)
- The above three ingredients leads to staff making emotionally driven decisions (Fear-based)
- One of their questions is "how do I get out of here...?"



Why is driving inherently stressful?

- Physical Demands Exertion, Long Time in Static Positions,
  Sleeping in the cab
- Mental Demands Attention Span, Loading Challenges, Fear based emotions
- Job Control Factors Relationships / Expectations not being met



A completely new approach to recruitment:

- Candidate Specification and Job Description
- Competency based approach to recruitment to find personality traits that fit with our business:
  - Agreeableness / Positive Attitude
  - Conscientiousness
  - Calmness / Emotional Stability ("Type B") (low propensity for hostility, aggression. Over-achievement / perfectionism / approval seeking are other indicators).
  - Resilience to stress
  - Physicality (medicals)
- Full time driver recruiter



We undertook a range of initiatives to reduce occupational stressors:

- We were determined to give our staff mastery of their role removing fearbased emotions and fear-based decisions
- Trained our planning office, driver supervisors etc in communications and positive people management skills
- Offered part-time and flexible working shifts (one third on work-life balance arrangements)
- Technology and process improvements a significant area (e.g. leave planning)
- Remuneration was not part of the problem



Achieving Job Mastery

- Developed a modularised approach to driver training
- Delivered over three days in classroom and three weeks in the field
- A further ten weeks of induction
- Evaluation / sign off at week 13
- Regular field audit and follow-up
- Master-driver Bonus scheme
- Cost is € 15K per hire



We train all new hires as if they know nothing

60% of our driver training programme is safety related





# **General Considerations**



REFRESHER TRAINING IS CRITICAL:

- 1 2 DAYS PER YEAR REFRESHER TRAINING
- PROTECTED TIME
- SEPARATE TO ANY OTHER TRAINING
- TOOL BOX TALKS
- REGULAR EMAILS
- BULLETINS
- BEHAVIOURIAL AUDITS
- SUPERVISORY STRUCTURE
- BESPOKE COMPANY SPECIFIC VIDEOS
- OTHER VIDEOS (Under consideration)



# Speeding / Over-revving / Harsh Breaks

Installed a telematics system throughout our fleet in 2014.

Set up a weekly management meeting where the stats were viewed by senior management including the CEO

Established league tables and categorised drivers

Transport Coordinator was appointed to ensure proactive feedback on a daily basis is given to drivers

Continually apply interventions to manage the driver scores up, from individual retraining to feedback

Telematics is a game changer for monitoring speeding / harsh breaking / overrevving

## **Telematics – Example of poor driving**



#### **Driver Performance Score**

From 10/08/2014 00:00 to 16/08/2014 23:59 For Driver:

R:COM®

🕘 Schedule 🖂 Email 👼 PDF 🛢 Export 🖶 Print

Performanc	ce Scores											~
Driver	Vehicle	From	То	Engine On Time	Distance	Fuel Used	Fuel	Over Revving 🗸	Idling	Harsh Brake	Over Speeding 🗸	Total
		11/08/2014 07:01	16/08/2014 23:52	48:44	3,088.8	989.0	94.6	20.3	75.6	90.3	10.0	49.9
		11/08/2014 07:01	16/08/2014 23:52	48:44	3,088.8	989.0	94.6	20.3	75.6	90.3	10.0	49.9



## **Telematics**



#### Vehicle Idling

From 11/08/2014 07:01 to 16/08/2014 23:52 For Driver

#### 🍯 Schedule 🖂 Email 🔜 PDF 🗎 Export 🖶 Print

Idling S	Summary						*
Vehicle 🛆	Driver	From	n	То	Total Engine OnTime	Total Idling	Idling (%)
		11/0	8/2014 07:01	16/08/2014 23:52	48:44	03:58	8.1
Idling E	Details						*
Vehicle	Driver	Idling Start	Idling End	Duration 🗸 Location		Category	Details
		11/08/2014 07:01	11/08/2014 07:17	00:16 NVD New Ross (Diesel Pump) / NVD	NEW ROSS FUEL	Fuel Fill	Map
		12/08/2014 14:25	12/08/2014 14:35	00:10 M53, A554, Wirral		Unapproved	Map
		15/08/2014 17:18	15/08/2014 17:28	00:10 VW Grimsby / ECM VW Grimsby		Compound	Map
		16/08/2014 08:42	16/08/2014 08:52	00:10 Dock Rd, A5139, Limekiln Lane, Wi	irral	Unapproved	Map
		15/08/2014 17:41	15/08/2014 17:49	00:08 VW Grimsby / ECM VW Grimsby		Compound	Map
		12/08/2014 14:41	12/08/2014 14:49	00:08 Pump Road Birkenhead CH41 1, Pu	ump Rd, Wirral	Unapproved	Map
		11/08/2014 18:39	11/08/2014 18:47	00:08 Royal Portbury Dock Rd, North So	merset	Unapproved	Map
		14/08/2014 09:57	14/08/2014 10:05	00:08 VW Grimsby / ECM VW Grimsby		Compound	Map
		14/08/2014 14:39	14/08/2014 14:47	00:08 Charon Way, Easter Court, Europ	a Blvd, Warrington	Unapproved	Map
		15/08/2014 06:56	15/08/2014 07:03	00:07 A1173, North-East Lincolnshire		Unapproved	Map
		15/08/2014 12:35	15/08/2014 12:42	00:07 Pump Rd, Wirral		Unapproved	Map
		14/08/2014 14:20	14/08/2014 14:27	00:07 M62, Salford		Unapproved	Map
		15/08/2014 18:03	15/08/2014 18:09	00:06 VW Grimsby / ECM VW Grimsby		Compound	Map
		16/08/2014 05:49	16/08/2014 05:55	00:06 Doncaster		Unapproved	Map
		15/08/2014 12:26	15/08/2014 12:32	00:06 Dock Rd, A5088, Poulton Bridge R	d, Limekiln Lane, Wirral	Unapproved	Map
		12/08/2014 14:52	12/08/2014 14:58	00:06 Pump Road Birkenhead CH41 1, Pu	ump Rd, Wirral	Unapproved	Map
		13/08/2014 08:40	13/08/2014 08:46	00:06 ECM VW Grimsby		General	Map
		13/08/2014 12:48	13/08/2014 12:53	00:05 A5, Staffordshire		Unapproved	Map
		11/08/2014 17:26	11/08/2014 17:31	00:05 North Somerset		Unapproved	Map
		13/08/2014 08:26	13/08/2014 08:31	00:05 ECM VW Grimsby		General	Map
		14/08/2014 08:28	14/08/2014 08:33	00:05 A1173, North-East Lincolnshire		Unapproved	Map
		14/08/2014 10:21	14/08/2014 10:26	00:05 VW Grimsby / ECM VW Grimsby		Compound	Map
		14/08/2014 10:29	14/08/2014 10:34	00:05 VW Grimsby / ECM VW Grimsby		Compound	Map
		14/08/2014 10:51	14/08/2014 10:56	00:05 VW Grimsby / ECM VW Grimsby		Compound	Map

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## **Telematics**





#### Every Harsh Break is a potential accident



# Truck Maintenance

Historically we were dissatisfied with our maintenance programme and had a high DOT failure rate

A decision was taken to set up an in-house maintenance facility in Dublin, which was a significant investment

The facility is certified for brake tests

Our maintenance and truck performance has substantially improved; our trucks are safer on the road





# Driver Fatigue

Working hours are closely monitored and managed

- One of our core values is compliance
- Transport Planning office monitor working time on a daily basis
- Drivers allocated a supervisor (groups of 25)
- The supervisor is in regular contact with his / her group
- The structure offers support to drivers
- Live data from telematics monitors drivers hours
- Tachographs analysed and work type changed to give a driver a better work-life balance
- Support drivers with working patterns & preferences where possible approx. one third of drivers are part-time !



# Driver Distraction

Over the last two years we have placed a major emphasis on driver distractions, particularly mobile phones

- Educational approach
- **Regular auditing**
- Regarded as a serious offence



# Secure Loads

Extensive training in load securing is provided to all drivers

We set our own standard for inspecting straps after testing and load trials

- Load securing is audited in the field and on site
- We made a safety video for load securing for overhang area of the truck



# Transporter Dimensioning

Dimensioning is a key feature of training of both drivers and planners

We are currently developing software to provide further safeguards in this area



# Slips, Trips and Falls

We experienced a high rate of slips trips and falls injuries during 2015 and 2016 We studied the problem closely and put a major focus on this area in training Thankfully the incidence of injuries has declined

	2015	2016	2017	2018
Ankle Injuries	5 (serious)	1 (serious)	1 (serious)	1
Slip Injuries	8	5	1	0
TOTAL ST&F	13	6	2	1



# Grey Fleet / Driving For Work

Grey Fleet: Privately owned vehicles that may be used for work purposes

#### Risk assessments are required – it's the law.....but awareness can be low

Primary requirements

- A Work Related Road Risk Assessment (WRRRA) is required: This can consist of an on-line questionnaire
- Driving Licence Checks: Validity checks are required in house or through the relevant authority / organisation
- Business Insurance: Employees should ensure that their broker/underwriter is informed that they drive their own vehicle for work and that they have the appropriate class of insurance
- Roadworthiness: Employees are required to produce evidence that their vehicle has been properly maintained



## **IS THE BUSINESS CASE PROVEN?** Roadside Breakdowns 2016 - 2018







## **IS THE BUSINESS CASE PROVEN?** Call-out – Tyre Failure / Puncture 2016 - 2018







## **IS THE BUSINESS CASE PROVEN?** CVRT – First Time Pass Rate



MOT PASS RATE (UK) 2018 YTD: 98%



# Fleet Standardisation – Ongoing Work









# IS THE BUSINESS CASE PROVEN? Average Driver Score Performance



Anticipation – new measure – time between accelerator and brake

## IS THE BUSINESS CASE PROVEN? TRANSPORT – KEY MEASURES



Fuel - Litres per 100km Driven 2012 - April 2018



## IS THE BUSINESS CASE PROVEN? TRANSPORT – KEY MEASURES



Damage Cost per Truck Day Bought





## **IS THE BUSINESS CASE PROVEN?**

### **Transport Accidents (Time off Work)**



## **Driver Turnover IS THE BUSINESS CASE PROVEN?** 83% IMPROVEMENT OVERALL to DEC 2017







## CONCLUSIONS

- NVD HAVE BENEFITTED SUBSTANTIALLY BY MANAGING ALL ASPECTS OF TRANSPORT SAFETY RISK
- 2. WE FIND THAT INVESTMENT IN TRANSPORT SAFETY CORELATES POSITIVELY WITH EFFICIENCY, PRODUCTIVITY AND PROFITABILITY



### **Thank You For**

**Your Time** 

