# ARE MEDICAL FITNESS TO DRIVE PROCEDURES FIT FOR PURPOSE?

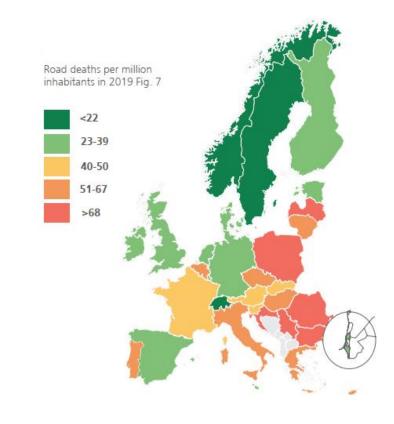
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## ETSC PIN PROGRAMME

- Experts from the 32 participating countries, including all EU Member States
- Annual report
- 40 PIN Flash reports
- PIN Talks















PIN Flash Report 40
Are Medical Fitness to Drive
Procedures Fit for Purpose?
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## Policy Context – EU Driving Licence Directive

- The EU Driving Licence Directive
  - Annex III minimum standards
  - No initial, nor periodic checks
  - Medical examination only if..... 'it becomes apparent' that they suffer from medical condition

Medical conditions affecting fitness to drive as listed in Annex III of the EU Driving Licence Directive

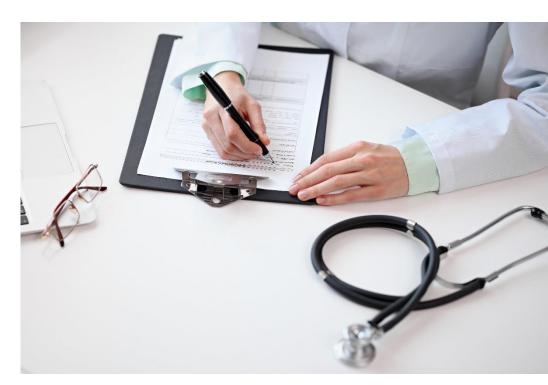
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- · Poor eyesight
- Locomotor disability
- Cardiovascular diseases
- Diabetes
- Neurological diseases and obstructive sleep apnoea syndrom
- Epilepsy
- Mental disorders
- Alcohol issues
- Drugs and medicinal product dependency
- Kidney disorders

Applicants suffering from one of these conditions can only be granted or renewed a driving licence after approval from a medical professional and may be subject to regular medical check-ups. According to the EU Directive, people suffering from alcohol and drug (legal or illegal) dependency should not be allowed to drive.

# What role do medical conditions play in road safety?

- Illnesses/conditions potentially affecting medical fitness to drive
   15 Countries YES, 9 Countries NO
- In depth crash investigation (Finland)



## **Medical Fitness to Drive Testing**

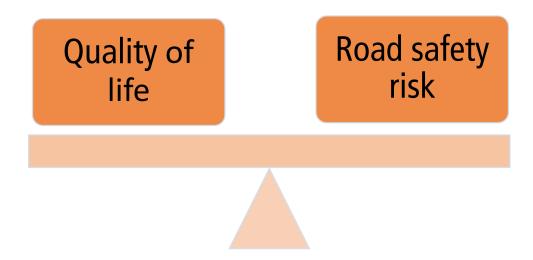
#### On obtaining a licence

Self assessment (9), doctor (12), specialist doctor/centre (5), other (3)

#### After obtaining a licence

 Age-based testing (13), Regular testing not age-based (10), No regular testing (6)

# **Medical Fitness to Drive Testing**



#### How are medical fitness to drive decisions taken?

What are the functional consequences of an illness?



# How can driving be restricted?

- Conditional codes
- Alcohol interlocks



## **Key Recommendations – to National Governments**

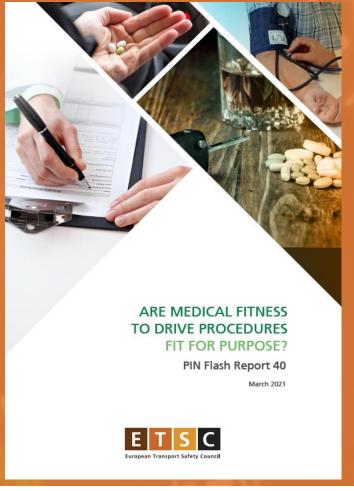
- Evidence-based screening tools and protocols
- Role of General Practitioners
- Alcohol dependency



#### **Key Recommendations – to the EU**

- Update minimum standards of physical and mental fitness
- Alcohol dependency
- Screening protocol based on international good practice
- Guidelines for all those assessing medical fitness to drive

# **THANK YOU!**



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