

Infrastructure changes to reduce single bicycle crashes

In the Netherlands

Masha Odijk

PIN Talk Serious Injuries – 4 nov 2025

1.

Single bicycle crashes in the Netherlands

2.

The role of infrastructure in single bicycle crashes

3.

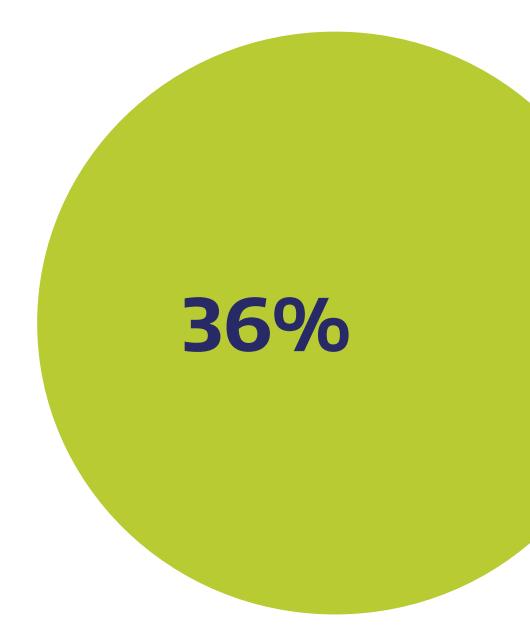
Infrastructural measures to reduce single bicycle crashes

Single bicycle crashes in the Netherlands

A single bicycle crash...

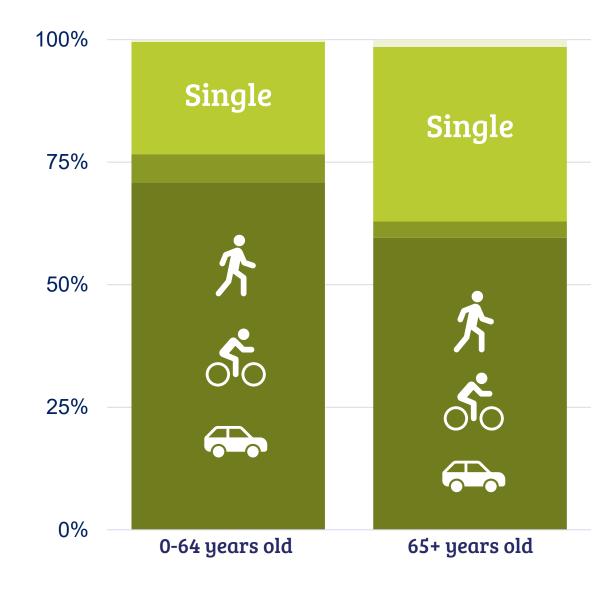
No other road user involved in the crash;
Often a fall or crash against an object

Bicycle fatalities from single bicycle crashes



Odijk, M.J.M., Oude Mulders, J. *Achtergronden bij De Staat van de Fietsveiligheid 2025* (2025). SWOV, Den Haag. R-2025-7A.

Single bicycle crashes more often fatal amongst elderly





Serious injury bicycle crashes in the Netherlands

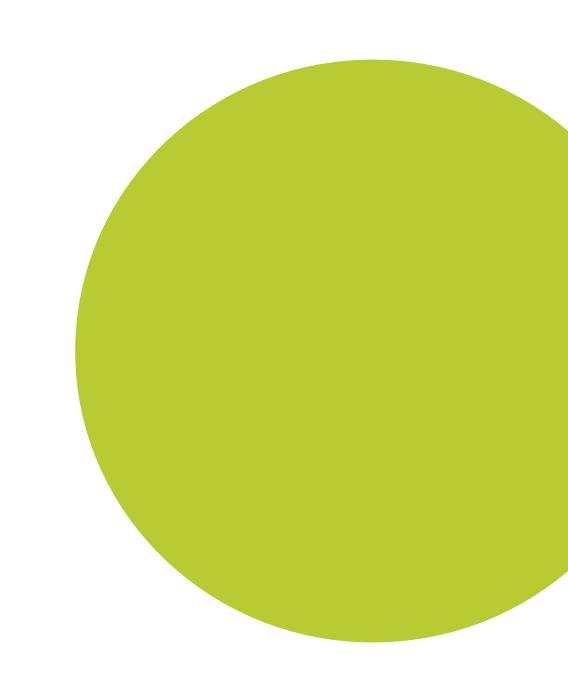
80% of serious injury bicycle crashes is without involvement of a motorverhicle



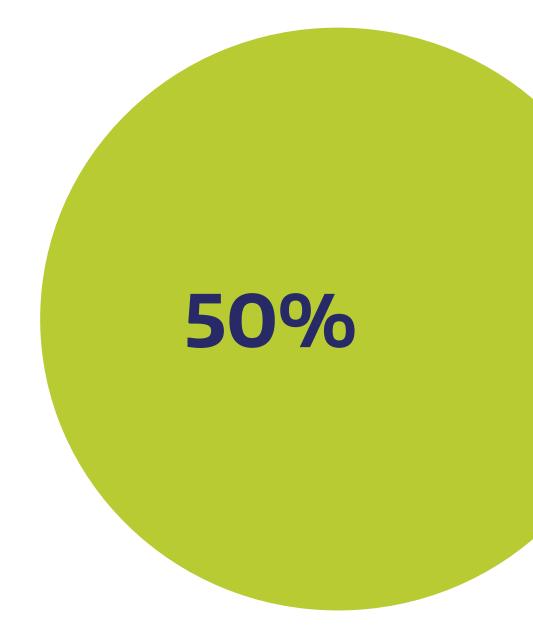


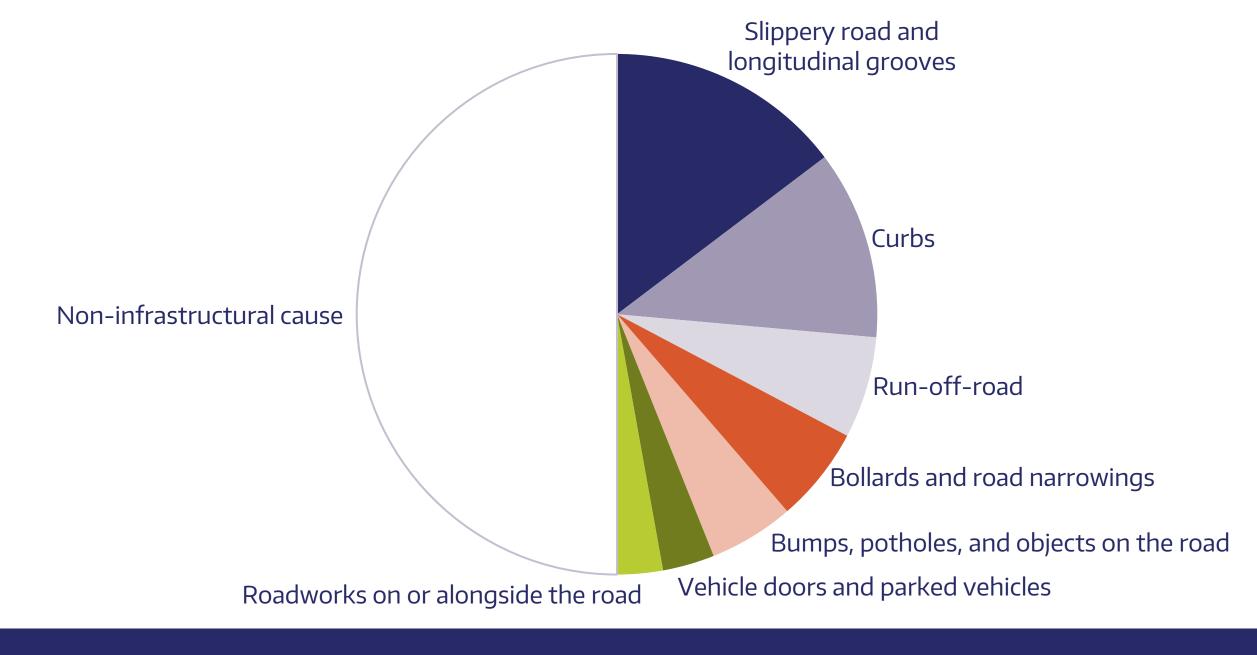
The role of infrastructure in single bicycle crashes

Crashes are caused by a complex combination of circumstances



Infrastructure as a cause of single bicycle crashes





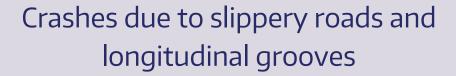
Infrastructural measures to reduce single bicycle crashes

Even when all (bicycle) infrastructure is safely designed and well maintaned...

...not all single bicycle crashes can be prevented

Crashes as a result of run-off-road events

50% reduction



50% reduction

Crashes as a result of run-off-road events

50% reduction



Crashes with bollards and road narrowings

100% reduction

Crashes due to slippery roads and longitudinal grooves

50% reduction

Crashes as a result of run-off-road events

50% reduction

Crashes due to slippery roads and longitudinal grooves

50% reduction



Crashes with bollards and road narrowings

100% reduction

Crashed caused by bumps, potholes and objects on the road

75% reduction



Apply closed pavement rather than open;
Consider propper greenery/tree types

Crash against the curb

Curbs are not always neccessary; Remove them on narrow roads, choose low and sloped curbs, or have them stand out more (visibly)

Run-off-theroad and fall on the roadside Apply edge lines;
Allow the cyclist time
and space to correct
themselves, by avoiding
height differences and
obstacles on the roadside

Crash into bollard or road narrowings

Use bollards only when strictly neccessary;
Calm traffic using measures without obstacles

Infrastructural measures to prevent single bicycle crashes:

No obstacles

Prevent the cyclist from crashing into someting

Visual guidance

Help cyclists stay on the road

Smooth pavement

Prevent cyclists losing balance and falling

Forgiving roadside

Allow cyclists to correct mistakes



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